

# **Transitioning Into Professional Practice Tip Sheet**



## **1) Get informed; stay informed –**

Visit the College website, learn what resources are available and check back regularly to see what is new.

### **Practical Tips:**

- Monitor what is billed under your license number – make sure it is correct
- Ensure the marketing practices and social media use are appropriate at your place of employment
- Practice Standards/Directions – go to the College’s website regularly and look them up, this is your responsibility as an individual physiotherapist

## **2) Maintain boundaries and professionalism**

Understand the concept of a therapeutic relationship and the power imbalance that exists between you and your patients; manage that relationship appropriately and with utmost respect; adhere to the College’s Code of Ethics.

### **Practical Tip:** Conflict of Interest in Practice

- An ethical physiotherapist will not treat immediate family members unless no other professional with the specific skills is available in the community.
- Immediate family is: mother, father, siblings, children, spouse, grandparents, and grandchildren

**3) Start your Portfolio and maintain it regularly** - Reflecting on activities as they happen, formulating and documenting strategies to address learning needs is crucial; don’t wait until someone asks to see the portfolio - the value is lost.

#### 4) Maintain your registration with the College:

##### Practical Tips:

- Exam Candidate license – **expires 30 days** after the release of the OSCE results. You **must** contact the college within the 30 days.
- Renewal of Registration is in **January – every year!**
  - ▶ Liability Insurance (hint: make sure you renew on time)
  - ▶ Practice hours: you must maintain 1200 hours in the preceding 5 calendar years.
  - ▶ Member profile – keep it up to date – this includes address, e-mail address, every time you add or change jobs

##### Frequently Asked Questions:

1) *How do I sign my name?*

#### 4.23 Use of Title and Credentials

When you are signing a health record, filling out WCB/MPI reports or legal documents it is important that you identify yourself as an Exam Candidate.

Until convocation – PT Exam Candidate

After Convocation – PT Exam Candidate MPT

After successful completion of Part 2 OSCE and completing the necessary steps to convert to the Active roster – MPT

2) *How do I introduce myself?*

Although you are instructed to legally sign your name and credentials indicating you are an Exam Candidate this term may mean very little to your patients. It is reasonable to introduce yourself as a physiotherapist. However, at no time should you mislead your employer, third party payers, or patients who ask you directly. The public register will list you as an Exam Candidate and some patients may look you up there prior to or after seeking your care.



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