

# ACCOMPLISHMENT STATEMENT | 20XX

Please see CPM's CCP webpage for requirements, tips and examples (click [here](#)).

## 20XX Goal:

- To become more familiar with services in the community (Winnipeg and Manitoba) that patients living in the community can utilize to help increase mobility/function/strength for the most common medical issues (functional decline, cardio-respiratory diseases, vertigo, etc).
- To learn how patients can be referred to each program, fees involved, time commitment, wait list times, etc.
- To have pamphlets or information sheets readily available to give to patients who may be appropriate for such programs.
- To be able to successfully refer patients to the appropriate programs.

## Service User(s) on 20XX Learning Plan:

Patients, patients' family/caregivers, myself, other team members (other physiotherapists, nurses, MD's), students I may supervise.

**Status:** Please check one.

- Completed  
 Ongoing  
 Other – (please explain):

**Accomplishment Statement:** Provide a summary of the impact of your learning (*TIP: Link your outcome(s) back to your goal and reflect explicitly on how your PT practice has been enhanced*)

I have achieved my goal to learn more about community resources. The resources I have learned about include; Community Therapy Services (CTS), Adult Day Hospital (ADP), Cardiac Rehab Program, Easy Street, Pulmonary Rehab, and PRIME. I have made a reference booklet with information and referral forms/processes for each program. By obtaining information via online resources, attending presentations about certain services, and gathering documentation (brochures, referral forms, educational handouts), I am now much more familiar with the many programs Winnipeg has to offer. I can identify which patients would benefit from and are appropriate for each specific program. I have learned how to initiate/complete referrals (via myself or another team member, such as a physician), and I have learned how to arrange tours for some of the programs.

I feel that I can now better educate patients, family members, the healthcare team, and students about some of the programs offered in Winnipeg for those with impaired mobility. Hopefully by educating others, it will increase awareness of Winnipeg programs and allow them to be utilized to their full potential. Patients who attend the programs will hopefully benefit from increased mobility and improved quality of life, versus if they were unaware such programs existed. This could possibly decrease visits to the emergency department and help with avoiding "failure to cope"/declining health situations for some individuals. My increased knowledge about community programs may help speed up discharge planning from a mobility perspective for inpatients, as in certain situations patients can utilize these programs to continue their rehab in the community

versus as an inpatient. I have also learned that often patients who are involved with mobility-focused community resources are provided with information that can link them to other resources that focus on other aspects of their health.

Overall, the completion of my goal helps me ensure that patients are able to benefit from resources in the community to assist with living the best quality of life possible. I am aware that there are many other programs that I have not yet learned about, and I am looking forward to expanding my knowledge of these programs as I progress in my career as a physiotherapist.

**Date: MONTH/DAY/YEAR**

**ID Number: XXXXXX**

**Please complete and save a copy in your Professional Portfolio. The completed sheet will be requested when your Portfolio is audited.**