

Please see CPM's CCP website for requirements, tips and examples.

20XX Goal:

I want to learn how to do acupuncture.

Service User(s) on 20XX Learning Plan:

Self, patients, colleagues, employer.

Status: Please check one.

Completed

Ongoing

Other – (please explain): There was no acupuncture course available for me to take, so I changed my learning goal mid-year. I also changed my position at work from ortho out-patients to medical in-patients so the goal was no longer relevant.

My new **learning goal** is to review the policies about accepting gifts from patients. Our department often receives gifts of flowers and candies which are shared by the entire staff. Recently a patient gifted me a bottle of wine at his last treatment session and I wasn't sure if I could accept this or not. I know I should not accept any gifts while treatment is on-going, but what about after treatment is over.

The **intended users** of this goal were: myself, my employer, my colleagues, my patients, and my students.

The **Resources** that I used to meet this goal were: the policies of the WRHA, my institution and department; relevant CPM Practice Statements and on-line resources; discussion with my supervisor and colleagues.

Accomplishment Statement: Provide a summary of the impact of your learning. (TIP: Link your outcome(s) back to your goal and reflect on **how** your PT practice has been enhanced)

Upon discussing this with colleagues, I got different answers. It seemed to depend on the context, e.g. if it was home-made wine or if there was a cultural expectation to offer (and accept) gifts. It also depended on the price and quality of the wine, but that is something I know nothing about.

My department has a policy that I cannot accept gifts worth more than \$20. But I have no idea how to estimate the price of wine on the spot.

Upon review of on-line resources (CPM Code of Ethics for example), I was unable to explicitly determine whether or not I could accept a gift of alcohol from a patient. The *Where's the line?* document posted on the CPM website suggests that accepting gifts may be a personal gesture that may blur the lines of the therapeutic relationship.

In conclusion, when I reflect on the relationship between myself and my patients, I think it is better if I were not to accept any gift of alcohol.

I have learned from this that I need to proceed cautiously when accepting any kind of gift from a patient; do not keep it a secret from my colleagues and supervisor; and if I am uncomfortable accepting the gift, let the patient know.

I think my patients, my employer, students and colleagues will all benefit from this new knowledge as I can be more consistent and genuine with my reaction to gifts and model appropriate professional behavior in front of my students and colleagues.

Date: MONTH/DAY/YEAR

ID Number: XXXXXX

Please complete and save a copy in your Professional Portfolio. The completed sheet will be requested when your portfolio is audited.