

CPM Holiday Closures

The CPM will be closed Monday November 12 in observance of Remembrance Day.

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A Note from the Editor

*Respectfully submitted by:
Jackie Gulenchyn (Newsletter Editor)*

I hope everyone had a wonderful Thanksgiving and spent some quality time with family and friends. This edition of In Touch introduces you to the rest of the council members, including our public and student members. Please take a look at our volunteer spot light Katherine Johnson. Thank you for all your hard work and dedication to our profession. Lori, our new Chair of Council has also provided a detailed note to the members discussing Council's goals over the next several months.

Please ensure that all members review the notice below. Commencing January 2014 all active members will be required to carry their own personal professional liability or malpractice insurance. This was passed through Council in the Spring of 2012

Thank you to the PT Standards Committee for giving us an update of what they have been working on as well as what their goals are for the future, along with some interesting points to remember when looking at our different Position Statements. Even with the AGM seemingly so far away, the committee is hard at work preparing for our upcoming meeting. Stay tuned for updates as we get closer to the date

Important Notice to Members about Professional Liability Insurance

Important changes to professional liability insurance coverage are on the horizon. CPM Council passed a motion in the Spring of 2012 to require **personal** professional liability insurance (or malpractice insurance) coverage by **ALL** members of the College who are on the Active Practice Register. This change will occur at the time of renewal in January 2014. When you renew your Active Practice registration or transfer to the Active Practice Register in 2014, the College will ask all members to provide evidence of individual professional liability insurance coverage.

This change is not new for members working in private practice. However, it is a change for members who work in public practice and have relied on their employer to provide them with coverage. Some of the other provincial colleges such as Alberta already require individual insurance for all registered physiotherapists.

The hospital-based liability insurance coverage is not as comprehensive as the professional liability insurance provided by private insurers, and this has been a major issue for public members who have faced a complaint against them in the past. Members in public practice who have had a complaint launched against them do not necessarily have access to a lawyer, and CPM has found that these members may be directed to a nursing supervisor to assist them in responding to the allegations against them. Physiotherapists in public practice who have only hospital-based liability insurance coverage also need to hire their own lawyer to guide them through the complaints and inquiry processes. Without personal professional liability insurance, the complaints process has proven to be more difficult and more costly for everyone involved.

Professional liability insurance is available to members of the Canadian Physiotherapy Association. Members can also purchase liability insurance through their regular insurance broker where they purchase travel, health, house or apartment insurance. Another avenue for purchasing is through PhysioSure which is based out of British Columbia (Google PhysioSure for more information).

Members can stay tuned for more information from the College regarding personal professional liability insurance over the course of the next year. If you have questions, please contact the CPM office at 287-8502.

A Note from the Chair of Council

As I enter my third year on CPM Council, I am honoured to have the opportunity to act as this year's Chair. There are some enthusiastic new members on this year's Council and it is my hope that we can get a lot accomplished before the AGM in April. Council has already set up a Strategic Plan for 2012-2013 which includes some of the following goals for Council and the CPM Committees to achieve over the next 7 months:

- Take the next step in development of the Continuing Competence Program by beginning development of the Practice Audit Program
- Ensure that the regulations for our profession stay current and relevant by:
 - reviewing and revising of a minimum of 5 Policies and/or Practice Statements that were passed more than 5 years ago
 - developing new policies on issues that affect our profession where there are currently no guidelines for safe practice (ex. Needling or discussion of over the counter drugs and herbs)
- Continually improve the structure and organization of the College by developing an exit interview process for outgoing Council and Committee members so that the gathered information can be used to implement positive change
- Continue to work with Manitoba Health and other regulators to influence the direction of the new Health Professions Legislation by:
 - developing a scope of practice statement
 - justifying restricted practices
 - developing regulations for incorporation
 - meeting other needs and requirements of the new legislation
- Define a clear path for the future of the College by reviewing and revising the CPM's Mission and Vision Statements

I would also like to strive for a more transparent and accessible Council over the next several months. As a result, I will be updating all of you on the activities of Council in the remaining two newsletters during my term as Chair, and I am pleased to announce that prominent Council positions will now have associated e-mail addresses that can be found in the members only section of the website. As Chair, I can be contacted at <mailto:CPMChair@gmail.com>.

Respectfully submitted by:
Lori Stobart (Council Chair)

A Note from the Physiotherapy Standards Committee

In 2011, our committee welcomed new members Leah Pinx and Brenda McKechnie (representing CPM Council) . In addition to our usual hard work on updating our current standards, we have been working with the office staff at CPM to streamline our committee work, including compiling an orientation package for new members and a form to enhance communication with the Council.

This year, we have completed Position Statement 4.9: Clinic Names – Selection and Approval and Position Statement 4.21: Physiotherapists Working for Non-Physiotherapists.

Did you know...

- Terms that imply additional areas of practice or services provided are not allowed in the name of the clinic. Examples may include but are not limited to: hand therapy, sports injury, acupuncture, yoga, Pilates, tai chi and vestibular?
- As a physiotherapist, you are ultimately responsible for accurate record keeping and billing processes, even if your employer is not a physiotherapist (and therefore not necessarily accountable to the same extent)?

Please check out the updated standards on CPM's website under Reference Guide for the full information.

Cont'd on page 3...

A Note from the Physiotherapy Standards Committee - cont'd

Plans for 2012 include completion of Position Statement 4.4: Safe, Sanitary and Appropriate Work Environment and Position Statement 4.8: Physiotherapists Assigning Physiotherapy Care (Support Personnel). We are currently reviewing Position Statement 4.10: Communication and Consultation with Physicians and Position Statement 4.14: Advertising.

Many thanks to Maureen Walker, Kim Hamilton, Allison Guerico and Tia Mitchell for their fantastic work on this committee.

Respectfully submitted by:

Liz Harvey (PT Standards Committee Chair)

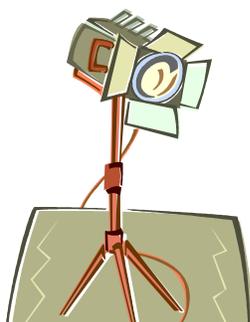
A Note from the AGM Committee

Hope everyone has enjoyed the summer. In planning for AGM 2013, council will continue to discuss different methods and the feasibility of broadcasting AGM to rural members. Stay tuned for future newsletter updates about AGM 2013.

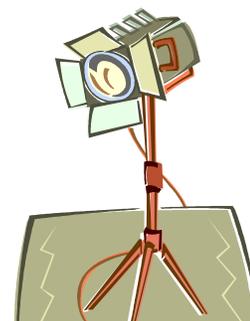
Respectfully submitted by:

Tania Giardini (AGM Committee Chair)

Volunteer Spotlight!



Katherine Johnson - BMR, PT



Why did you volunteer for the Continuing Competency Committee?

This committee is developing a program which defines us as professionals and will develop the tools to facilitate and allow us to continue to self – regulate our profession. To be competent, one does not need to know everything. I hope to contribute to the process of determining what defines us as competent and in doing so, self-reflect upon my own skills in maintaining competency.

What motivated you to volunteer for CPM?

I have volunteered for a number CPM committees over the span of many years, and consider it an important component of personal growth, professional growth and volunteerism. I think all members should be involved in a College committee at some point in their career both to contribute to our profession and learn from the experience. Although this response may sound cliché, I can guarantee that involvement on a college committee provides physiotherapists a unique insight to issues and creates an ideal environment for self-reflection.

Where do you currently work?

I am the Clinical Service Leader in Physiotherapy at St. Boniface Hospital.

If you were caught in a fight in a dark alley, which physio-related tool would you use to defend yourself?

After much thought, my choice would be a 5 pound barbell! It is light enough that I could throw it and heavy enough to disable an opponent so that I could run away before I would have to fight!

If you could share on thought with the physiotherapy community what would it be?

Well I have many thoughts, so I will try to keep the response succinct! Over the span of my 31 year career I have seen many changes in our profession. The environment of change has become more complex. The rate of change is exponential and the complexity of change is challenging and can be unpredictable. It is therefore important to be conscientious of our scope of Practice and use this as the template for how we conduct ourselves, and of course, always strive for self-improvement!

Introducing Your New Council - Part 2



Sheron Miller - Council Public Member

How did you become involved in CPM?

I am a government appointed public member.

Have you completed more than one term? If so, why?

I am on the second year of my first three year term.

What is your background?

I am a recently retired Secretary of a middle school where I worked for 28 years. My interests include golf, bowling, reading, traveling and theatre. I also volunteer in church activities, other community organizations and keep involved with my two grandsons.

Is there anything you would like to share with the registrants of the College?

I enjoy being a member of CPM as it is interesting, informative and gives me an opportunity to voice comments or concerns that I may have as a public member. I have enjoyed meeting the physiotherapists and am impressed with the professionalism and dedication they exhibit in their work on council. I am looking forward to the next term to learn even more about this organization.



Leslie Wilder - Council Public Member

How did you become involved in CPM?

I became involved as I was a patient of a past chair - Mavis O'Donohue. Several of my friends have served as public members on various councils and I thought it would be interesting. And as a frequent patient, I thought it would be beneficial to learn more about the profession.

Have you completed more than one term? If so, why?

I am in my first year of my second term. I enjoyed the work I did with Gisèle Pereira on the HR task force and thought I would continue.

What is your background?

My background is in international business. I worked in the private sector for many years and now teach and do outreach to the business community at Red River College in the faculty Business and Applied Arts. Volunteering has been an important part of my life. I have served as executive member and chair of several not-for-profit organizations in the business, social service, arts and immigration advocacy sectors.

Is there anything you would like to share with the registrants of the College?

Wow, what a great profession we work in! We need to continue to be vigilant to ensure we can continue to practice in a self-regulated manner and to do our part to contribute to the quality and growth of physiotherapy.





Tania Giardini - BMR, PT

Why did you run for Council?

I ran for council to become more involved within the physiotherapy community. I also wanted to become more informed about issues affecting the practice of physiotherapy.

What do you think is the most important physiotherapy issue/trend?

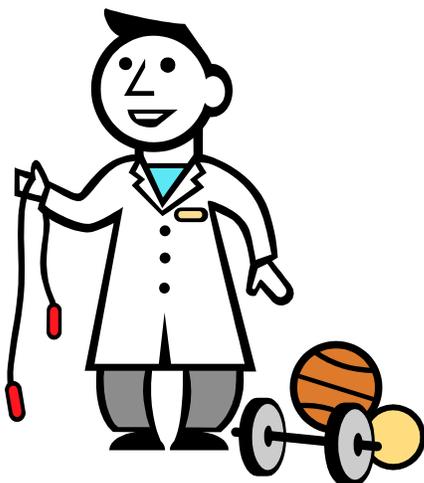
One of the many important physiotherapy issues and trends is being an evidence- based profession. Therefore, continuing to acquire and incorporate evidence-based knowledge to advance the profession of physiotherapy and keep physiotherapists evolving within the profession.

How do you view the professions future?

The future of physiotherapy is exciting with various professional development opportunities.

If you could share one thought with the registrants of the College, what would it be?

There are a variety of opportunities for getting involved and staying connected within the profession. Attending AGM, thereby also helping to achieve quorum at AGM, joining a committee, and/or joining council, are a few opportunities that allow physiotherapists to get involved and support their profession.



Alfredo (Fred) Arrojado - Council Public Member

How did you become involved in CPM?

I was approached by outgoing CPM Council member Ricky Paggao that the organization is seeking people to be part of the Council and ask me if I was interested. I agreed to submit my "Resume" for the council perusal and approval.

Have you completed more than one term? If so, why?

I just started three months ago, and am looking forward completing my three year term as a Member of the Council.

What is your background?

I migrated to Canada 38 years ago from Manila, Philippines where I completed my Bachelor's Degree in Business Administration and Associate in Nautical Science. After years of hard work I became the Prairie Regional District Manager of a wholesale company based in Edmonton, Alberta. I trained countless sales representatives and was awarded as one of the Top Sales Representative and Top Regional District Manager for a number of years. In addition to the above, my experiences also includes, Commissioner for the Manitoba Human Right Commission for six years (appointed by the former Hon. Premier Gary Filmon), Investigation Committee Member with the College of Registered Nurses of Manitoba and Board of Director for the Manitoba Brain Injury Association. I am a private Business and Immigration Counselor and have been doing it full time for the last 14 years. My community volunteer service entails being a member of the Board of Director with the Philippine Association of Manitoba (PAM) whereby I have held all of the executive positions, including the President of the Association (PAM).

Is there anything you would like to share with the registrants of the College?

- a) Be proud of your calling and demand the best of yourself.
- b) Do the best that you can as when you do such, nobody else can ask you for more.
- c) Treat your clients/patients as if it is you that is being treated.
- d) Never stop learning to improve yourself and your practice.
- e) Remember that your clients/patient comes to you because they trust and respect you, thus they also deserve the same.



Jennifer McLeod - Student Representative on Council

How do you view your Council role?

As a student member on the CPM council I recognize the value of gaining a clear picture of the role of CPM with physiotherapy in Manitoba. I have gained an understanding of its importance in our profession and am able to share my knowledge with classmates. I am interested in sharing my opinion at meetings from the perspective of a student and a new member to the physiotherapy profession.

What do you think is the most important physiotherapy issue/trend?

It is becoming more common for physiotherapists to be expanding their scope of practice and expertise. I think it is important to recognize the skills we have to offer that will be valuable to improve healthcare but also to be aware of limitations and where collaboration with other healthcare professionals is required.

How do you view the professions future?

Physiotherapy is an expanding profession. I see the future of physiotherapists using their knowledge and skills in further developing physiotherapy where currently in practice and implementing in areas and communities where it is needed.

If you could share one thought with the registrants of the College what would it be?

I am excited to act as the student representative of the CPM and I look forward to hearing the discussions and sharing my ideas throughout the coming year.



Aaron Wong - Student Representative on Council

How do you view your Council role?

As a student representative, I feel my main role is to mainly listen and learn as much as I can. I do give my opinion when suitable, however many topics I do not have hands on experience, and therefore my participation role seems limited.

What do you think is the most important physiotherapy issue/trend?

Currently, I believe it is continuing competency and education. The latest trend/issue is the new competency program that is currently being developed in Manitoba. Another topic I feel that is becoming a growing trend is the topic around 'specialization'.

How do you view the professions future?

The future will depend on how the profession adapts with the changes in the health care system. The future is bright with the constant work that comes from all the committees, council members, support, etc.

If you could share one thought with the registrants of the College what would it be?

Become involved with the profession.



Registrar: Brenda McKechnie

Deputy Registrar: Jennifer Billeck

Office Staff: Crystal Davis
(Senior Office Administrator)
and Christie McKechnie
(Office Administrator)

Council 2012/2013

Chair: Lori Stobart

Vice-Chair: Tanya Kozera

Treasurer: Jenneth Swinamer
(Rachel Wu - Finance
Committee)

Council Members: Tania
Giardini, Jackie Gulenchyn,
Rachel Wu

Public Members: Sheron Miller,
Leslie Wilder, Fred Arrojado

Student Representatives:
Jennifer McLeod, Aaron Wong

Committee Chairs 2012/2013

AGM/Governance: Tania
Giardini

Board of Assessors: Trish Penner

Complaints: Tanya Kozera

Continuing Competency:
Andrew Neufeld

Continuing Competence
Evaluations: Gil Magne

Ethics: Shayla Moore

Legislative: Moni Fricke

Reminders from the College

The "blue binders" are no more!! We have replaced the blue *Reference Guide* binders with a more green approach! You may have seen the new PT1 Masters students wearing them - USB 'bracelets" with the College name and logo are now available for purchase for \$12.00! Reference Guide updates for download are now available on the CPM Website.

Students

Don't forget you need to register with the College! You are unable to go on any placements until you are duly registered - if you haven't already done so, please submit your registration forms a.s.a.p. **DEADLINE WAS OCTOBER 1, 2012**

In-Active Register

If you are presently on the In-active register and planning to return to work, you **must** contact the CPM office in order to change your registration status to the **Active Register** prior to returning to work. Please give yourself, your employer(s) and the College sufficient time to process your documents. ***All required documentation needed is listed on the CPM website***
<http://www.manitobaphysio.com/registration.html>.

Information Changes

If you have **any** changes to your personal information, such as address, phone number, email, or employer – ***log onto the website and submit these changes.***

As per CPM ***By-Laws Article II: Members: VII. Obligations of Membership***, all of your contact information **MUST** be up to date with the College.

If you have a change in **Marital status** – please submit a copy of your marriage/divorce certificate to the College, as well as a letter stating your former name and the name you wish to have registered with the College.

If you require further assistance, please call the CPM Senior Office Administrator Crystal Davis or Office Administrator Christie McKechnie at 204-287-8502.