

Newsletter

College of Physiotherapists of
Manitoba

June 30, 2003

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CPM ANNUAL GENERAL MEETING WRAP-UP

The 2003 Annual General meeting was held on Thursday April 24th 2003 in the Samuel Cohen Auditorium in the St Boniface Research Centre. There were forty-one voting members present.

After the 2002 minutes were approved there were questions raised from the floor regarding the financial report and the purchasing of new office equipment i.e. the new photocopier. It was explained that prior to the purchase a cost analysis was done and in the long run the initial large outlay of \$35,000 was more cost effective than leasing arrangements.

A member expressed concern to the Council regarding the decision not to respond to the omission of Physiotherapy services in the Info Health Guide distributed by the Government of Manitoba. In response the Council had felt the CPA's response had been sufficient. However Council agreed to revisit its decision at the next Council meeting.

Two new Council members were appointed, Pamela Shymko and Denny Elliott.

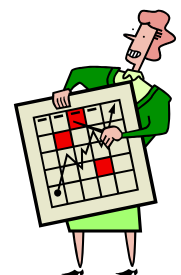
The guest speaker for the evening was Audrey Lowe from the College of Physical Therapists of Alberta. She spoke on "Continuing Competence Programs - Why CPM is on the Leading Edge". Ms Lowe described in detail the path Alberta has taken in developing their continuing competence program and how the design so far of the CPM program (the Strategic Learning Plan) will fulfill the continuing competence needs that must be met in compliance with the new *Physiotherapy Act*. Her talk placed particular importance in developing a Professional Portfolio, particularly for professional mobility internationally.



ANNUAL GENERAL MEETING ATTENDANCE

Attendance at the AGM was surprisingly low this year. Council had expected a good turnout with the presence of Audrey Lowe speaking about Continuing Competence, a topic which concerns all of us. HELP! Council would be very grateful to hear from members with any ideas or suggestions to improve attendance for next year. Please feel free to phone (204)287-8502, fax (204) 474-2506 or Email assocphysiomb@shaw.ca. All ideas will be welcome and discussed at the next Council meeting.

Thank you for your anticipated contributions.





PHYSIOTHERAPIST RECEIVES AWARD

Congratulations to Kathy Mulder

Kathy was awarded the Queen's Golden Jubilee Medal for her work with the Canadian Hemophilia Society

(CHS). This medal is awarded only to those who have made a significant contribution to Canada and its people. Kathy has worked at the Health Sciences Centre for twenty-eight years and as well as her position as Clinical Advisor she has served six years as one of the Chairs of the Canadian Physiotherapy working

group for CHS. She also currently holds a position on the Musculoskeletal Committee of the World Federation of Hemophilia and this only skims the surface of Kathy's achievements.

Congratulations Kathy!!

Thank you Greig Blamey for your help with this notice.



FYI, Practice Audits are coming.....

The *Physiotherapists Act* enacted in the Province of Manitoba on December 31, 2001, legislated the requirement for physiotherapy practice audits (*Physiotherapy Act: Part 7 - General Provisions - Practice Auditors*). The Council of CPM mandated the Advisory Committee on Physiotherapy Practice to develop a physiotherapy practice audit. The Advisory Committee on Physiotherapy Practice developed a tool in accordance with Physiotherapists Regulation, Schedule A (Section 19), Standards of Practice.

Physiotherapy practice audits are intended to ensure safe and effective province-wide physiotherapy practice is delivered to the public. The process is designed to audit the individual physiotherapist in his or her practice environment. Practice environment refers to but is not limited to facility-based, private

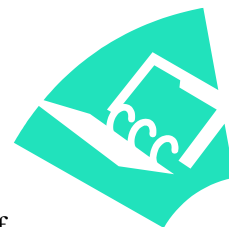
practice, home care and community-based practices. The physiotherapy practice audit process will also assist the individual physiotherapist in achieving and maintaining a safe and effective standard of care.

The practice audit Standards and Criteria Document are in draft form and are being reviewed by Council. An audit tool will be developed in the fall.

Submitted by The Advisory Committee on Physiotherapy Practice



CONTINUING COMPETENCY UPDATE



Why is CPM Introducing a Continuing Competence Program Now?

Professional regulators are being required to demonstrate that they unequivocally serve the public good; one important way is through the demonstration of continuing competence. The new *Physiotherapist Act* requires that CPM implement a continuing competence program. Colleges across Canada are at different stages of the planning and implementation process. Continuing competence is being researched and discussed across many professions including medicine, nursing, law, education, and the allied health professions.

The public is demanding more accountability of the professions, and closer scrutiny and advocacy for what is in the public interest, particularly as it relates to quality of care delivered to patients and clients (i.e. consumer protection).

Why is there Not a National Continuing Competence Program?

A national program is not possible due to the differing requirements in provincial physiotherapy legislation. The Alliance is promoting a national agenda within the constraints of the provincial acts.

What Type of Continuing Competence Program is Envisioned?

Initially the Continuing Competence Committee was involved in understanding what a continuing competence program should do. It had to set out its principles and goals and understand the philosophy behind the various approaches before introducing it to the membership and looking at the competence tools available.

Simplicity of the program, educational and personal professional value from the exercise, cost, confidentiality, context of practice, and the individual physiotherapist's and CPM's time commitments are all factors in choosing the type of program. The committee has chosen one tool so far. This is the Strategic Learning Plan (SLP) which is being piloted throughout June 2003 with 105

physiotherapists from a variety of rural and urban settings. The committee is now seeking feedback from these members chosen at random, confident that it can begin to answer some questions, and eager to hear their responses and suggestions. At this time, the committee envisions the SLP as one tool in a Professional Portfolio.

What is a Professional Portfolio?

The CPTA defines a professional portfolio as "a collection of information that illustrates, in a structured format, a physical therapist's reflection of practice, continuous professional growth, professional history and achievements".

Portfolio learning is viewed as a method for encouraging adult and reflective learning for professionals. Physiotherapists are asked to identify their own needs and agendas using reflection on their own clinical practice and experience. Portfolios should contain a collection of evidence that learning has taken place and include documentation of learning. There should be articulation of how that learning has impacted on their behaviour, intuition and performance. Confidentiality is integral to an honest portfolio and thus the learning process.

Professional portfolios might include:

- SLP
- Lists of critical reviews of articles read
- Projects underway or completed
- Continuing education courses/rounds attended
- Presentations/classes related to physiotherapy
- Management material

A professional portfolio should be a dynamic record of growth and professional change.

The Continuing Competence Committee is still investigating how these portfolios might be assessed/reviewed. It is important however to view this as an enhancement to practice tool, which will reflect CPM's commitment to professional competence throughout a physiotherapist's career.

WELCOME TO OUR NEW COUNCIL MEMBERS

Pamela Shymko

Pamela works at the Fort Richmond Physiotherapy Clinic and has recently given birth to Rowan Daniel. She feels being on Council will help her to keep in touch with the profession while on maternity leave. Pam serves on the Nominations and Public Member Recruitment Committees.

Denny Elliott.

Denny has worked at the Health Science Centre since 1984 and for eleven years has provided evening and on call coverage. So with a new schedule she was just looking forward to actually being able to attend an AGM when she received the call asking her to let her name stand for Council. Denny joins Pam on the Nominations and Public Member Recruitment Committees.



CHIROPRACTIC HEALTH CARE COMMISSION

In December 2002, the Manitoba Chiropractic Commission was established by Manitoba Health to review public policy pertaining to the provision of chiropractic services for the citizens of Manitoba. This is an independent Commission that has been mandated to study utilization and costs of chiropractic services in Manitoba.

The College of Physiotherapists of Manitoba was consulted by the Commission in January 2003 to provide information and assist the Commission in its research into musculoskeletal therapy.

The College, with the assistance of a number

of members and Carol Miller from CPA National, has been working with the Commission to help them with their project by providing resource material and to inform them of the many differences between the chiropractic and physiotherapy professions. The Commission anticipates formal requests for public position statements as part of the future process. The Commission expects that a draft report will be available in the latter part of 2003 and a final report will be completed in February 2004.



PERSONAL INFORMATION PROTECTION AND ELECTRONIC DOCUMENTS ACT.

The Federal Government passed the *Personal Information Protection and Electronic Documents Act* (PIPEDA) legislation in April 2000 and it has been coming into force in stages. As of January 1, 2004, this legislation will apply to any organization that is involved in “commercial activity”. This includes the entire private sector. Even if the government pays for the goods and services, the privacy act will likely apply. Only practitioners employed by a government body or a non-profit agency that does not sell goods or services will be exempt.

The privacy act applies to any collection, use or disclosure of personal information. Organizations are required to appoint an Information Officer and to develop and publish its privacy policy, including a process for handling complaints made about the organization’s information practices.

Generally speaking, practitioners will need to obtain informed consent for the collection, use and disclosure of personal information. This consent is distinct from the consent for providing services. Like any consent, it can be obtained in writing, verbally or by implied consent. In the traditional circumstance of a practitioner collecting information directly from the client solely for the purpose of providing services to the client, consent may be implied. However, any departure from this simple approach creates some new obligations for obtaining informed consent.

Situations in which some changes may be required include:

- Where the physiotherapist collects information about other individuals (e.g. about the client’s family members or his or her own clients)
- Where the practitioner collects information about the client from other persons (e.g. from previous practitioners for the client)
- Where the physiotherapist collects information to be shared with others who are also advising or providing services to the client (e.g. a team approach)
- Where third parties will have access to the information (e.g. for a legal, billing or financing purposes)

- Where the physiotherapist will use the information for related purposes (e.g. for billing the client or a third party later)
- Where the physiotherapist will use or disclose the information for secondary purposes (quality control by the organization, research)
- Where the practitioner might sell the practice or business later on and will need to provide prospective purchasers with access to client information to help the purchaser conduct a due diligence review.

In any of these circumstances, the physiotherapist should at a minimum explain the purpose for which the information is being collected and obtain some form of consent. Giving the client a handout setting out the physiotherapist’s usual information practices and checking with the client that he or she understands the handout may be sufficient. Alternatively, obtaining a written consent at a client’s first visit may work in many circumstances.

There are a number of similarities between the Federal legislation and the provincial *Personal Health Information Act*, which also remains in effect. However, there are some distinct differences. Members are advised to seek information on PIPEDA which is available at http://www.privcom.gc.ca/index_e.asp.



Public Members

Some of the committees have positions for public members, if you know anyone who is not a physiotherapist and would be suitable and willing to be on a committee please contact the

Public Members Recruitment Committee
209—675 Pembina Highway
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Phone: (204) 287- 8502
Fax: (204) 474-2506
Email: assocphysiomb@shaw.ca

Good Luck Dragon Boat Racers

Dana Chemelnitsky has organized a Dragon boat team named Physio-A Phloat. They are sponsored by Winnipeg Prosthetics and Orthotics.

Join us in wishing them all the best and good luck for a successful race in August.



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We are on the web:
www.manitobaphysio.com

Reminder:

If you are presently on the Inactive register and planning to return to work, you must contact the CPM office in order to change your licensing status to the Practicing register **prior** to returning to work.

If you have any changes of employment, address or name, you are required to notify CPM of such changes.